

# Eucharist Reference List

## Bible Verses and the Roman Missal

The source for all referenced Bible verses is the New International Version (NIV) Bible.

The [Roman Missal](#) is the source for Jesus' Words at the Last Supper, which are consistent with Jesus' Words at the Last Supper from Matthew 26:26-28, Mark 14:22-24 and Luke 22:19-20.

## Books

Barron, Bishop Robert. *This Is My Body*. Word on Fire, 2023

Heschmeyer, Joe, *The Eucharist is Really Jesus*. Catholic Answers, Inc., 2023

## Online

[Drinking the Blood of Christ – Bishop Barron’s Sunday Sermon -](#)  
<https://www.youtube.com/watch?v=b4nMqD-sHXQ>

[The Sacrifice of Calvary -](#) <https://kcascension.org/the-sacrifice-of-calvary/>

[Christ’s Baptism and our own -](#)  
[https://stmichaellivermore.com/sites/livermore/files/uploads/bulletins/913084\\_1-13-19.pdf](https://stmichaellivermore.com/sites/livermore/files/uploads/bulletins/913084_1-13-19.pdf)

[The Indwelling Spirit -](#) <https://www.cardinaljohnhenrynewman.com/the-indwelling-spirit/>

[Baptism of the Lord: You are My Beloved Child -](#) <https://holyspiritchurchjax.org/baptism-of-the-lord-you-are-my-beloved-child/>

[How the Early Church Drove Me Toward Catholicism, Part II -](#)  
<https://www.catholic.com/magazine/online-edition/how-the-early-church-drove-me-toward-catholicism-part-ii>

[Eucharist as Nourishment -](#) <https://theeucharist.wordpress.com/index/chapter-11-eucharist-as-nourishment/>

[Unless you eat my body... Is John 6:53 Symbolic or Literal? -](#)  
<https://chnetwork.org/2015/12/10/unless-you-eat-my-body-and-drink-my-blood-there-is-no-life-in-you-symbolic-or-literal/>

[Is Receiving the Eucharist Cannibalism -](#) <https://www.youtube.com/watch?v=xS29MKkxpu>

[Behold the Lamb –](#) <https://thisredeemedlife.org/behold-the-lamb/#:~:text=One%20such%20prophetic%20symbol%20is,sacrificial%20lamb%20was%20a%20substitute>

[Understanding Biblical Sacrifice -](#) <https://www.myjewishlearning.com/article/understanding-biblical-sacrifice-korbanot/>