

# Belief in the Eucharist

*Nihil Obstat:* After review, I have concluded that the materials presented in this work are free of doctrinal or moral errors.

Reverend Charles N. Rowe, STD, *censor librorum*  
September 23, 2024

*Imprimatur:* In accord with 1983 CIC 827 permission to publish this work is hereby granted.

Most Reverend James V. Johnston, Jr, DD, JCL  
Kansas City – St. Joseph  
September 23, 2024

I am Catholic and I believe the following:

God the Father, Jesus Christ His Son, and the Holy Spirit are Divine and Eternal. They are not confined by time and space<sup>1</sup> and They can affect events anywhere at any time.

By the Divine Power of Their Word, God and Jesus Christ can create and change matter, like when God said "Let there be light" and Jesus turned water into wine at Cana.

At the Last Supper with His apostles, Jesus took bread, gave thanks, then broke it and gave it to them saying "Take this, all of you, and eat of it, for this is My Body, which will be given up for you" and by the Divine Power of Jesus' Word, His Sacrificed Body (from the following day at Calvary) became present under the appearance of bread<sup>2</sup>. He then took a cup of wine, gave thanks, then gave it to them saying "Take this, all of you, and drink from it, for this is the chalice of My Blood, the Blood of the new and eternal covenant<sup>3</sup>, which will be poured out for you and for many for the forgiveness of sins. Do this in memory of Me<sup>4</sup>" and by the Divine Power of Jesus' Word, His Sacrificed Blood (from the following day at Calvary) became present under the appearance of wine<sup>2</sup>.

The priest at each mass presents gifts of bread and wine on the altar and gives thanks. He then speaks the words Jesus used at the Last Supper, not speaking as himself, but rather in "Persona Christi" (in the person of Christ) and by the Divine Power of the Holy Spirit<sup>5</sup>, Jesus' Sacrificed Body and Blood (from Calvary ≈2000 years ago) become present under the appearances of bread and wine<sup>2</sup>, which is called the Eucharist. Partaking in the Eucharist provides us with spiritual nourishment and brings us closer to God<sup>6</sup>.

---

<sup>1</sup> Jeremiah 23:24 – "Who can hide in secret places so that I cannot see them?" declares the Lord. "Do not I fill heaven and earth?". John 14:16-17 – "...I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth".

<sup>2</sup> Jesus instituted the Eucharist at the Last Supper, which He did outside of time and space through His Divinity so that His Sacrificed Body and Blood could be made present at the Last Supper and throughout all of eternity.

<sup>3</sup> Jeremiah 31:31,33 – "The days are coming" declares the Lord, "when I will make a new covenant...", "I will put my laws in their minds and write it on their hearts. I will be their God and they will be my people." This prophecy was fulfilled by Jesus' Sacrifice and Resurrection. Since then, those who have been baptized by a priest or Christian minister "in the name of the Father and of the Son and of the Holy Spirit" (Matthew 28:19) receive the Seal of God upon them and an indwelling of the Holy Spirit in their minds, hearts, and souls.

<sup>4</sup> Jesus instituted the priesthood at the Last Supper when he instructed his apostles to "Do this in memory of Me".

<sup>5</sup> In the same way a priest's words at baptism prompts the Holy Spirit to fulfill the baptism, a priest speaking Jesus' Words from the Last Supper during the mass prompts the Holy Spirit to make Jesus' Sacrificed Body and Blood become present under the appearances of bread and wine in accordance with Jesus' Divine institution of the Eucharist.

<sup>6</sup> John 6:55-56 – "For My Flesh is real food and My Blood is real drink. Whoever eats My Flesh and drinks My Blood remains in Me and I in them." Also, throughout the Old Testament, lambs were sacrificed (called korbanot) as an act of worship to God and the means of atoning for sin. The word korban means "drawing near" so the purpose of both the act of the sacrifice and eating the sacrifice was to bring people closer to God. Jesus Christ is the Lamb of God who takes away the sins of the world with His Sacrifice. God wants us to partake in the Eucharist to strengthen our bond with the Body and Blood of Jesus Christ, which brings us closer to God.